



Optimize Your Recovery with Xcelerated Recovery®

Recommended by Dr. Afzal for a Faster, Stronger Recovery

## Musculoskeletal Recovery Supplements

- A** • **3-wk Surgical Program:** 42 servings XR®, 3 servings pre-op Carb Loading + shaker bottle (1 wk pre - 2 wks post op)
- B** • **2-wk Recovery Pack:** 28 servings XR® + shaker bottle (2 wks post procedure)

### Why Choose Xcelerated Recovery®?

Our specially designed nutritional supplements are here to help you heal faster, feel stronger, and get back to your daily life.

- **Supports Muscle Repair & Strength:** Helps rebuild and maintain muscle after surgery or physical therapy.
- **Promotes Faster Recovery:** Speeds up your body's natural healing process.
- **Encourages Wound Healing:** Optimizes nutrition to improve overall recovery.
- **Gentle & Vegan-Friendly:** No dairy, gluten, or added sugars.

### What Makes XR® Unique?

- Lactose, Sugar & Gluten-Free
- Kosher Certified
- No Artificial Flavors or Dyes
- Low Calorie
- NSF Certified for Sport®

**Recommended Directions:** Take 2 XR® supplement drink mix packets daily, one with breakfast and one with lunch, or 20 minutes after physical therapy or exercise.

Simply mix with water, juice, or blend into your favorite fruit smoothie or protein shake for a quick and easy addition to your routine.

Available online @ [xrscience.org](http://xrscience.org)

Enter code **AAMD20** at checkout for **20% off your order**

For Patient Questions please contact

Call or Text: +1.714.684.5292

